



RN Mental Health 2019 A Online Practice Topic Descriptors

For faculty use only — do not distribute to students. The following topic descriptors describe the type of information that students may encounter on the various assessment forms provided by ATI. Topic descriptors are organized by the NCLEX-RN® test plan categories.

BASIC CARE AND COMFORT

- Bipolar Disorders: Planning Care to Promote Sleep for a Client Who Is Experiencing Acute Mania

HEALTH PROMOTION AND MAINTENANCE

- Basic Mental Health Nursing Concepts: Interviewing an Older Adult Client
- Depressive Disorders: Identifying Risk Factors for Depression
- Mental Health Issues of Children and Adolescents: Expected Characteristics of Conduct Disorder

MANAGEMENT OF CARE

- Delegation and Supervision: Delegating Tasks to a Licensed Practical Nurse
- Eating Disorders: Planning Care for a Client Who Has Anorexia Nervosa
- Legal and Ethical Issues: Acting as Client Advocate
- Legal and Ethical Issues: Client Refusal of Medication
- Legal and Ethical Issues: Code of Ethics
- Legal and Ethical Issues: Identifying Issues to Report
- Medications for Bipolar Disorder: Identifying Findings to Report
- Medications for Depressive Disorders: Priority Action for a Client Who Is Experiencing a Hypertensive Crisis
- Medications for Psychotic Disorders: Priority Finding to Report for a Client Who is Taking Clozapine
- Medications for Psychotic Disorders: Priority Intervention for Treatment With Olanzapine
- Neurocognitive Disorders: Addressing Needs of a Caregiver for a Client Who Has Alzheimer's Disease

- Psychotic Disorders: Indication of a Psychiatric Emergency
- Psychotic Disorders: Planning Care for a Client Experiencing Auditory Hallucinations

PHARMACOLOGICAL AND PARENTERAL THERAPIES

- Dosage Calculation: Administering Chlorpromazine
- Medications for Bipolar Disorders: Lithium Toxicity
- Medications for Children and Adolescents Who Have Mental Health Issues: Priority Findings Relating to Adverse Effects of Atomoxetine
- Medications for Depressive Disorders: Client Teaching About Fluoxetine
- Medications for Depressive Disorders: Herbal Supplements That Interact Adversely With Paroxetine
- Medications for Psychotic Disorders: Indications for the Administration of Benztropine

PSYCHOSOCIAL INTEGRITY

- Bipolar Disorders: Planning Care for a Client Who Has Bipolar Disorder
- Care of Clients Who are Dying and/or Grieving: Identifying Risk for Complicated Grief
- Care of Clients Who are Dying and/or Grieving: Teaching About Grief Reactions
- Crisis Management: Expected Finding for a Client Experiencing a Situational Crisis
- Depressive Disorders: Communication During Group Therapy
- Depressive Disorders: Identifying Clinical Manifestations
- Eating Disorders: Manifestations of Anorexia Nervosa



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PSYCHOSOCIAL INTEGRITY (continued)

- Effective Communication: Interpreting Nonverbal Communication
- Effective Communication: Using Active Listening
- Family and Community Violence: Identifying Indicators of Neglect
- Group and Family Therapy: Dysfunctional Communication Within the Family Unit
- Medications for Bipolar Disorders: Evaluating Client Understanding of Lithium
- Medications for Bipolar Disorders: Recognizing Adverse Effects of Lithium
- Medications for Substance Use Disorders: Priority Pharmacological Intervention for a Client Who Is Experiencing Alcohol Withdrawal
- Neurocognitive Disorders: Caring for a Client Who Has Dementia
- Neurocognitive Disorders: Manifestations of Mild Alzheimer’s Disease
- Personality Disorders: Communicating With a Client Who Has Antisocial Personality Disorder
- Personality Disorders: Identifying Findings of Dependent Personality Disorder
- Personality Disorders: Manifestations of Borderline Personality Disorder
- Psychoanalysis, Psychotherapy, and Behavioral Therapies: Evaluating Effectiveness of Operant Conditioning
- Psychotic Disorders: Documenting Client Speech Patterns
- Psychotic Disorders: Family Involvement in the Treatment Plan for a Client Who Has Schizophrenia
- Psychotic Disorders: Negative Manifestations of Schizophrenia
- Psychotic Disorders: Responding to Client Report of Danger
- Stress and Defense Mechanisms: Identifying Denial
- Substance Use and Addictive Disorders: Care of the Client Who Is Experiencing Alcohol Poisoning
- Substance Use and Addictive Disorders: Discharge Recommendations
- Substance Use and Addictive Disorders: Identifying Manifestations of Cocaine Use
- Suicide: Evaluating Treatment Effectiveness
- Suicide: Prioritizing Client Care Following Suicide Attempt

REDUCTION OF RISK POTENTIAL

- Brain Stimulation Therapies: Purpose of Succinylcholine
- Depressive Disorders: Client Safety During Light Therapy
- Eating Disorders: Identifying Criteria for Hospitalization for a Client Who Has Anorexia Nervosa

SAFETY AND INFECTION CONTROL

- Mental Health Issues of Children and Adolescents: Priority Intervention for a Child Who Has ADHD
- Personality Disorders: Priority Goal for a Client Who Has Borderline Personality Disorder
- Psychotic Disorders: Intervention for Auditory Hallucinations
- Safe Medication Administration and Error Reduction: Identifying the Need to Complete An Incident Report



RN Mental Health 2019 B Online Practice Topic Descriptors

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BASIC CARE AND COMFORT

- Trauma- and Stressor-Related Disorders: Intervention to Reduce Anxiety

HEALTH PROMOTION AND MAINTENANCE

- Depressive Disorders: Identifying Risk Factors
- Depressive Disorders: Interventions for an Older Adult Client
- Mental Health Issues of Children and Adolescents: Identifying Manifestations of Autism Spectrum Disorder

MANAGEMENT OF CARE

- Creating and Maintaining a Therapeutic and Safe Environment: Priority Action When Establishing Nurse-Client Relationship
- Creating and Maintaining a Therapeutic and Safe Environment: Priority Client Behavior to Report to the Interdisciplinary Conference
- Diverse Practice Settings: Planning Discharge Teaching for a Client Who Has Schizoaffective Disorder
- Eating Disorders: Planning Care for a Client Who Has Bulimia Nervosa
- Legal and Ethical Issues: Client Rights
- Legal and Ethical Issues: Determining Client Ability to Give Informed Consent
- Legal and Ethical Issues: Identifying Ethical Principles
- Legal and Ethical Issues: Recognizing Ethical Principles
- Legal and Ethical Issues: Teaching About Plan of Care
- Managing Client Care: Delegating Tasks to an Assistive Personnel
- Psychotic Disorders: Prioritizing Client Care

- Suicide: Community Referrals
- Trauma- and Stress-Related Disorders: Priority Action for a Client Who Has PTSD

PHARMACOLOGICAL AND PARENTERAL THERAPIES

- Dosage Calculation: Calculating Diazepam Dosage
- Medications for Children and Adolescents Who Have Mental Health Issues: Adverse Effects of Methylphenidate
- Medications for Depressive Disorders: Expected Outcomes of Amitriptyline
- Medications for Depressive Disorders: Over-the-Counter Medications and Potential Adverse Interactions
- Medications for Psychotic Disorders: Contraindications for the Administration of Clozapine
- Medications for Psychotic Disorders: Interventions for Adverse Effects of Chlorpromazine

PSYCHOSOCIAL INTEGRITY

- Anxiety Disorders: Interventions for Panic Attack
- Anxiety Disorders: Teaching a Client About Relaxation Techniques
- Bipolar Disorders: Planning Care for a Client Who Is Experiencing Mania
- Bipolar Disorders: Recognizing Manifestations of Acute Mania
- Care of Clients Who are Dying and/or Grieving: Actions for Parents Who Have Lost Children
- Care of Clients Who are Dying and/or Grieving: Identifying Acceptance of Terminal Illness
- Care of Clients Who are Dying and/or Grieving: Responding to a Client Who Experienced a Stillbirth
- Creating and Maintaining a Therapeutic and Safe Environment: Room Assignment



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PSYCHOSOCIAL INTEGRITY (continued)

- Depressive Disorders: Teaching About Relapse
- Eating Disorders: Family Understanding of Bulimia Nervosa
- Eating Disorders: Identifying Manifestations of Bulimia Nervosa
- Eating Disorders: Parent Response to a Client Who Has Bulimia Nervosa
- Effective Communication: Counseling a Client Who Has an Eating Disorder
- Effective Communication: Responding to Client Concern
- Effective Communication: Therapeutic Response to Client Behavior
- Family and Community Violence: Identifying Appropriate Coping Strategies
- Family and Community Violence: Identifying Secondary Prevention Strategies
- Family and Community Violence: Mandatory Reporting for Abuse
- Family and Community Violence: Priority When Developing a Safety Plan
- Group and Family Therapy: Facilitating a Community Meeting
- Group and Family Therapy: Identifying Boundary Issues
- Mental Health Issues of Children and Adolescents: Conduct Disorder
- Neurocognitive Disorders: Planning Care for a Client Who Has Delirium
- Psychotic Disorders: Potential for Self-Directed Injury
- Substance Use and Addictive Disorders: Evaluating Teaching About Codependent Behaviors
- Substance Use and Addictive Disorders: Expected Findings of Alcohol Withdrawal

- Substance Use and Addictive Disorders: Manifestations of Opioid Withdrawal
- Substance Use and Addictive Disorders: Teaching a Client About a 12-Step Program
- Trauma- and Stressor-related Disorders: Manifestations of Posttraumatic Stress Disorder in a School-Aged Child
- Trauma- and Stressor-Related Disorders: Teaching About Posttraumatic Stress Disorder

REDUCTION OF RISK POTENTIAL

- Brain Stimulation Therapies: Planning Care for a Client Who Is Scheduled for Electroconvulsive Therapy
- Neurocognitive Disorders: Distinguishing Delirium and Dementia
- Substance Use and Addictive Disorders: Caring for a Client Who Has Alcoholic Cardiomyopathy

SAFETY AND INFECTION CONTROL

- Anger Management: Managing a Client Who Is Exhibiting Aggressive Behavior
- Legal and Ethical Issues: Interventions for a Client Who Is in Seclusion
- Legal and Ethical Issues: Teaching About the Use of Mechanical Restraints
- Psychotic Disorders: Identifying the Priority Client for Assessment



RN Mental Health 2019 A Online Practice Topic Descriptors with NGN

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HEALTH PROMOTION AND MAINTENANCE

- Basic Mental Health Nursing Concepts: Interviewing an Older Adult Client
- Depressive Disorders: Identifying Risk Factors for Depression
- Mental Health Issues of Children and Adolescents: Expected Characteristics of Conduct Disorder

MANAGEMENT OF CARE

- Delegation and Supervision: Delegating Tasks to a Licensed Practical Nurse
- Eating Disorders: Planning Care for a Client Who Has Anorexia Nervosa
- Legal and Ethical Issues: Acting as Client Advocate
- Legal and Ethical Issues: Client Refusal of Medication
- Legal and Ethical Issues: Code of Ethics
- Legal and Ethical Issues: Identifying Issues to Report
- Medications for Bipolar Disorder: Identifying Findings to Report
- Medications for Psychotic Disorders: Priority Finding to Report for a Client Who is Taking Clozapine
- Medications for Psychotic Disorders: Priority Intervention for Treatment With Olanzapine
- Neurocognitive Disorders: Addressing Needs of a Caregiver for a Client Who Has Alzheimer's Disease
- Psychotic Disorders: Indication of a Psychiatric Emergency

- Psychotic Disorders: Planning Care for a Client Experiencing Auditory Hallucinations
- Interventions For a Client Who Has a Neurocognitive Disorder

PHARMACOLOGICAL AND PARENTERAL THERAPIES

- Dosage Calculation: Administering Chlorpromazine
- Medications for Bipolar Disorders: Lithium Toxicity
- Medications for Children and Adolescents Who Have Mental Health Issues: Priority Findings Relating to Adverse Effects of Atomoxetine
- Medications for Depressive Disorders: Client Teaching About Fluoxetine
- Medications for Depressive Disorders: Herbal Supplements That Interact Adversely With Paroxetine
- Caring for a Client Who is Taking Selegiline

PSYCHOSOCIAL INTEGRITY

- Bipolar Disorders: Planning Care for a Client Who Has Bipolar Disorder
- Care of Clients Who are Dying and/or Grieving: Teaching About Grief Reactions
- Depressive Disorders: Communication During Group Therapy
- Depressive Disorders: Identifying Clinical Manifestations
- Eating Disorders: Manifestations of Anorexia Nervosa
- Effective Communication: Interpreting Nonverbal Communication
- Effective Communication: Using Active Listening
- Family and Community Violence: Identifying Indicators of Neglect



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PSYCHOSOCIAL INTEGRITY (continued)

- Group and Family Therapy: Dysfunctional Communication Within the Family Unit
- Medications for Bipolar Disorders: Evaluating Client Understanding of Lithium
- Medications for Bipolar Disorders: Recognizing Adverse Effects of Lithium
- Neurocognitive Disorders: Caring for a Client Who Has Dementia
- Neurocognitive Disorders: Manifestations of Mild Alzheimer's Disease
- Personality Disorders: Communicating With a Client Who Has Antisocial Personality Disorder
- Personality Disorders: Manifestations of Borderline Personality Disorder
- Psychoanalysis, Psychotherapy, and Behavioral Therapies: Evaluating Effectiveness of Operant Conditioning
- Psychotic Disorders: Documenting Client Speech Patterns
- Psychotic Disorders: Family Involvement in the Treatment Plan for a Client Who Has Schizophrenia
- Psychotic Disorders: Negative Manifestations of Schizophrenia
- Stress and Defense Mechanisms: Identifying Denial
- Suicide: Evaluating Treatment Effectiveness
- Suicide: Prioritizing Client Care Following Suicide Attempt
- Analyzing Manifestations of Client Conditions
- Evaluation of Treatment Interventions
- Identifying Positive and Negative Manifestations of Schizophrenia
- Identifying Potential Prescriber Prescriptions

- Identifying Risk Factors for Substance-Related Disorders
- Manifestations of Alcohol Toxicity Requiring Follow-Up
- Priority Actions to Take for a Client Who Is Experiencing Alcohol Withdrawal Syndrome
- Priority When Caring for a Client Who Is Experiencing Alcohol Withdrawal

REDUCTION OF RISK POTENTIAL

- Brain Stimulation Therapies: Purpose of Succinylcholine
- Depressive Disorders: Client Safety During Light Therapy
- Findings Indicating a Deterioration in Condition for a Client Who Has Anorexia Nervosa

SAFETY AND INFECTION CONTROL

- Mental Health Issues of Children and Adolescents: Priority Intervention for a Child Who Has ADHD
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MANAGEMENT OF CARE

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- Eating Disorders: Planning Care for a Client Who Has Bulimia Nervosa
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- Legal and Ethical Issues: Determining Client Ability to Give Informed Consent
- Legal and Ethical Issues: Identifying Ethical Principles
- Legal and Ethical Issues: Recognizing Ethical Principles
- Legal and Ethical Issues: Teaching About Plan of Care
- Managing Client Care: Delegating Tasks to an Assistive Personnel
- Psychotic Disorders: Prioritizing Client Care
- Suicide: Community Referrals
- Prioritizing a Client's Plan of Care

- Priority Findings to Report to the Provider

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- Eating Disorders: Identifying Manifestations of Bulimia Nervosa



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- Effective Communication: Therapeutic Response to Client Behavior
- Family and Community Violence: Identifying Appropriate Coping Strategies
- Family and Community Violence: Identifying Secondary Prevention Strategies
- Family and Community Violence: Mandatory Reporting for Abuse
- Family and Community Violence: Priority When Developing a Safety Plan
- Group and Family Therapy: Identifying Boundary Issues
- Mental Health Issues of Children and Adolescents: Conduct Disorder
- Neurocognitive Disorders: Planning Care for a Client Who Has Delirium
- Psychotic Disorders: Potential for Self-Directed Injury
- Substance Use and Addictive Disorders: Evaluating Teaching About Codependent Behaviors
- Substance Use and Addictive Disorders: Expected Findings of Alcohol Withdrawal
- Substance Use and Addictive Disorders: Teaching a Client About a 12-Step Program
- Distinguishing Between Therapies for Dementia, Obsessive Compulsive Disorder, and Borderline Personality Disorder
- Evaluating Responses of Client Who Is in Seclusion and Restraints
- Identifying Findings That Indicate an Improvement in a Client Who Has Anorexia Nervosa
- Identifying Risk Factors of Delirium

- Interventions for a Client Who Is Aggressive
- Nursing Actions for a Client Who Is Experiencing Delirium
- Providing Teaching to a Client Who Experienced a Traumatic Event
- Recognizing Findings Common to Borderline Personality Disorder
- Recognizing Predictors of Aggressive Behavior

REDUCTION OF RISK POTENTIAL

- Neurocognitive Disorders: Distinguishing Delirium and Dementia
- Evaluating a Client's Condition
- Identifying Potential Prescriptions from the Provider for a Client Who Has Delirium

SAFETY AND INFECTION CONTROL

- Anger Management: Managing a Client Who Is Exhibiting Aggressive Behavior
- Legal and Ethical Issues: Interventions for a Client Who Is in Seclusion
- Psychotic Disorders: Identifying the Priority Client for Assessment
- Caring for a Client Who Is in Restraints