

5 REASONS YOU NEED TO TEACH MOTIVATIONAL INTERVIEWING

If your program places a strong emphasis on evidence-based research before making curriculum changes, review the facts on why you should add motivational interviewing to your telehealth lessons.

- 1** It increases healthcare providers' ability to identify at-risk patients.
- 2** It improves clients' well-being and quality of life.
- 3** It helps clients achieve enduring change.
- 4** It involves patients in the direction of their care.
- 5** It can reduce hospital admissions and length of stay.