

A PARKINSON'S CLIENT'S 8 REASONS FOR GRATITUDE THAT WILL GIVE YOU A NEW PERSPECTIVE ON YOUR OWN LIFE

In honor of Nurses Month, best-selling author and keynote speaker John O'Leary shared the story of his dad's gratitude for life — despite having Parkinson's Disease. Seeing his father's reasons will change your perspective on what's important in life.



His disease wasn't more serious.



He'd grown closer with his wife.



His forced reflective time had deepened his understanding of himself and his beliefs.



He had more time at home with his kids and grandchildren — and nurses!



He was empathetic toward others who were disabled.



When he was driven anywhere, he got "rock star" parking.



When he was forced to crawl or couldn't speak, he was grateful in knowing that he once could.



He still got to experience the little things in life — because, honestly, they aren't so little.